

# **SUMMER POOL SCHEDULE**

## **June 1, 2009-August 30, 2009**

### **Open Swim Times**

**Monday-Friday.....1:00pm-5:00pm**

**Saturday..... 11:00am-5:00pm (1-5pm when home meets)**

**Sunday..... .1:00pm-5:00pm**

### **Family Night Swim**

**Fridays.....6:30pm-8:30pm**

**This is for families only!**

### **Star Aquatics**

**Monday-Friday.....3:30pm-5:30pm (2 lanes from 3:30pm-4:15pm, 3 lanes from 4:15pm-5:00pm, all lanes from 5:00pm-5:30pm)**

### **Summer Swim Team**

**Monday-Thursday.....5:15pm-6:30pm**

### **Swim Lessons**

**Tuesday/Thursday.....Advanced Seniors.....10:00am-11:00am**

**Monday-Friday.....Youth (All levels and ages) 9:00am-1:00pm**

**Monday/Wednesday or Tuesday/Thursday...Youth and Adult (All levels and ages) 6:30pm-8:30pm**

### **Water Aerobics**

**Monday/Wednesday/Friday (Seniors)...10:00am-11:00am**

**Monday/Wednesday/Friday (Deep Water)..... 11:00am-12:00noon**

**Tuesday/Thursday.....6:30pm-7:30pm**

**Saturdays.....10:00am-11:00am**

### **Arthritis Foundation Aquatic Classes**

**Tuesday/Thursday.....11:00am-12:00pm**

### **Senior Pool Time**

**Monday-Friday.....10:00am-12:00pm**